

PETE YOUNG

MENTORING SERVICES

WHO IS GOD?

DO YOU HAVE A GOD OF YOUR UNDERSTANDING?

WANT TO LEARN HOW OTHER PEOPLE PERCEIVE GOD?

The following is a daily reflection from Richard Rohr who is a Franciscan Monk Albuquerque New Mexico USA.

To me, it sums up perfectly, how I now perceive God.

My own spiritual journey has been like a “work in progress” and yet I find the more I learn about spiritual matters, the more I realise, there is still a lot more to learn.

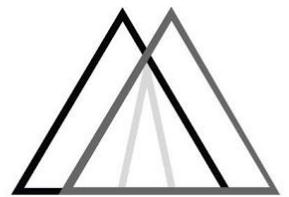
Where are you in your spiritual journey?

I would like to share with you, this little reflection, in the hope that it might help you as it has helped me come to a God of my understanding that is becoming real and meaningful.

8 FILEY PLACE, ASHBURTON

PHONE: 03 307 7582 MOBILE: 027 280 0889
plyoung@xtra.co.nz

LISTENS, CARES AND BELIEVES IN YOU.



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Richard Rohr's Daily Meditation

From the Center for Action and Contemplation



Week Twenty-nine

Introduction to Christian Mysticism

Our Response

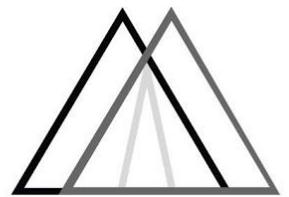
Wednesday, July 17, 2019

If you want to find God, then honor God within you, and you will always see God beyond you. For it is only God in you who knows where and how to look for God.

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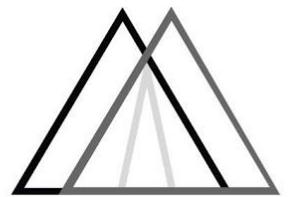
When you honor and accept the divine image within yourself, you cannot help but see it in everybody else, too, and you know it is just as undeserved and unmerited as it is in you. I call this the “Principle of Likeness.” From this frame you stop judging and start loving unconditionally, without asking whether someone is worthy or not. The breakthrough occurs at once, although the realization deepens and takes on greater conviction over time.

As I mentioned earlier this week, mystics are nondual people who see things in their wholeness and call forth the same unity in others, simply by being who they are. Wholeness (head, heart, and body, all present and positive) sees and calls forth wholeness in others.

Dualistic or divided people, however, live in a split and fragmented world. They cannot accept that God objectively dwells within them or others (See 1 Corinthians 3:16-17). They cannot accept or forgive certain parts of themselves. This lack of forgiveness takes the forms of a tortured mind, a closed heart, or an inability to live calmly and humbly inside their own body. The fragmented mind sees parts, not wholes, and invariably it creates antagonism, fear, and resistance.

What you see is what you get. What you seek is also what you get. We mend and renew the world by strengthening inside ourselves what we seek outside ourselves, not by demanding or forcing it on others.

Mystics are human like the rest of us, and none of us are perfect. We are inconsistent creatures with blind spots and cultural limitations. Outside of flashes of insight and unitive experience, mystics are products of their place in time. For example, they may have sexist, anti-Semitic, or other biases common for that period, as we see even in the much-idealized Desert Fathers. In spite of momentary glimpses of universal and unconditional grace, they may still be rooted in a retributive understanding of God. It takes more than a lifetime for us to grasp the Mystery that we experience during moments of deep presence and surrender. [1]



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What mystics finally do, it seems to me, is heal in themselves the fragmentation that is evident in the world. Instead of hating, excluding, or dismissing it over there in others, they heal it in themselves. This healing is God's Spirit working in us. Mystics see the whole—good, bad, ugly, and beautiful—in themselves and others, refusing to hate or ignore any of it. This allows them to have immense sympathy, empathy, and compassion and to work in service of the world's healing. I am not sure if you can come to such empathy in any other way.

If you want to learn more about spirituality and how it can help you become the best version of yourself, 'the person you would like to be' then please do not hesitate to contact me.

[Contact Pete](#)

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